# **Behavioral Health Services**

A Division of Health Care Services Agency

Tony Vartan, MSW, LCSW, BHS Director



# SAN JOAQUIN COUNTY BEHAVIORAL HEALTH BOARD (BHB) Regular Meeting

## Via teleconference

June 16, 2021 - 5:00 -7:00 P.M.

## **AGENDA**

Board Members Present: Board Members Absent/Excused:

Chair Tasso Kandris
Vice Chair Patricia Barrett
Carolyn Cooper
Gertie Kandris
John Weston
Supervisor Miller
Joretta Burlington
Cary Martin
Jeff Giampetro
Sabrina Flores-Eng
Douglas Vigil
Dr. Mudalodu Vasudevan

Karen Ivy

Also Present: Guests:

Tony Vartan, Director BHS Angelo Balmaceda, MHSA Coordinator Sherri Helsby, Chief Mental Health Clinician Isabel Espinosa, Office Secretary Patricia Moreno

## I. CALL TO ORDER

The Behavioral Health Board meeting was convened on Wednesday June 16, 2021 via Zoom Teleconference. Chairperson Tasso Kandris called the meeting to order at



5:00 PM. The meeting began with a moment of silence, pledge of allegiance, and roll call. There was a quorum in attendance at this meeting.

## II. INTRODUCTIONS

## III. PUBLIC COMMENT PERIOD - OPEN TIME

Patricia Moreno a UC Davis student commented that she has held a mental health awareness fair in Stockton and is looking for support from BHS.

## IV. APPROVAL OF MINUTES

Cary Martin motioned to approve the May minutes, and was seconded by Joretta Burlington. Carolyn Cooper abstained due to her absence at the last meeting. The motion passed 10-1-0.

## V. PRESENTATION

- A. Overview of Multi-Cultural Clinics
  - Sherri Helsby, Chief Mental Health Clinician

Our multi-cultural clinics include Black Awareness Community Outreach Program (BACOP), La Familia, and TAY program. These programs target the LGBTQIA+, African American, Hispanic, Latino, and Native American population, but are open to all BHS clients. The goal is to provide culturally sensitive services. This program is located on the first floor of the A/C Adult Outpatient building. There are different types of therapy groups offered covering the topics of grief, spirituality, sexuality, gender, and LGBTQIA+.

#### VI. PUBLIC HEARING

- A. San Joaquin County Behavioral Health Services Draft 2021-2022 Mental Health Services Act (MHSA) Annual Plan Update
  - Angelo Balmaceda, MHSA Coordinator

The MHSA plan has been posted for 30 days to allow the public and stakeholders the opportunity to review the documents. Comments can be made via email, or mail. This plan is similar to last year's plan. Community Planning meeting allow staff to get feedback from the community on what services and programs are needed. This year there were 120 participants in the planning process. The Behavioral Health Board commented in support of the plan, and thanked Angelo for his hard work.



Gertie Kandris made a motion to end the public session, and was seconded by Carolyn Cooper. Motion passed 11-0-0.

## VII. NEW BUSINESS

A. Board member identification

Board members requested identification for board related purposes including site visits and other community events.

## VIII. DIRECTOR'S REPORT

- Tony Vartan, BHS Director

The MHSA Plan is a three-year plan, with a goal of expanding services. BHS is looking at ways to expand services and working with contract agencies and full time employees. We continue to lose many staff members to the private sector.

There are many new members on the Behavioral Health Board it is a good time to have an orientation for new members to cover basic information about our programs and the services we offer. We have a 24/7 crisis line, and a warm line available for clients. All clients who want to receive services at BHS must meet the criteria and be in the moderate to severe range. If they are mild to moderate, they are referred back to their Primary Care Physician. All clients coming in will be triaged and assessed to ensure that they are in the right place and connected to the correct level of care. There are outpatient clinics, and inpatient services, our crisis has a walk in area for those having a psychiatric emergency. BHS also has specialty care areas including Children and Youth Services, Older Adult Services, Adult Outpatient Services, and the Justice and Decriminalization Division.

BHS is updating its website, and looking into a mobile app.

Many audits that were put on hold due to the pandemic are currently being scheduled.

#### IX. COMMITTEE REPORTS

- A. Executive Committee
   Next Behavioral Health Board will be in person in Conference Room A and B.
- B. Legislative Committee
- C. Children's Committee
- D. Grievance Committee
- E. Housing Committee



F. Substance Use Disorder

# X. REMINDERS

- A. Next Behavioral Health Board meeting will be July 21, 2021. For information, please contact *Isabel Espinosa* at 209-468-8750 or via e-mail at <a href="mailto:iespinosa@sjcbhs.org">iespinosa@sjcbhs.org</a>
- IX. ADJOURN TO JULY 21, 2021 AT 5:00 P.M.